

# Wallacetown School

34 Mauchline Street  
Wallacetown  
Southland 9816

Telephone/Fax: (03) 235 8097  
Cell 027 716 9291

## School Newsletter

7 June 2017



[www.wallacetown.school.nz](http://www.wallacetown.school.nz)

Email Office: [admin@wallacetown.school.nz](mailto:admin@wallacetown.school.nz)

Email Principal: [principal@wallacetown.school.nz](mailto:principal@wallacetown.school.nz)

We provide children with the skills for learning,  
the skills for living, & the confidence to have a go!

Dear Parents

Wednesday 7 June 2017

Thank you again for the donations and selling the raffle tickets in our "Raffle for Sandii Marten". If you have not already heard Sandii made it along to Assembly last Friday. It was so nice to see her again at Wallacetown School. Sandii wanted to say thank you for all the support she has received so far.

The eight years olds and older children who are competing in the Central Southland Cross Country will continue to practice for the next two weeks weather permitting with Room 4 in the mornings.

This morning we had a team entered in the Central Southland Young Einstein Quiz at Winton. Seventeen teams entered this year. Our team of Yasmin, Brooke, Blayne and Issac, did really well, beating our neighbouring schools.

This Friday afternoon we have the Elgregoe Magic show at the Community Centre. We have been entertained and educated from Elgregoe and his parrots a few times now and its a show well worth watching with a message the students need to hear. His message is all about treating each other with respect and how to stop bullying.

Regards

Neville

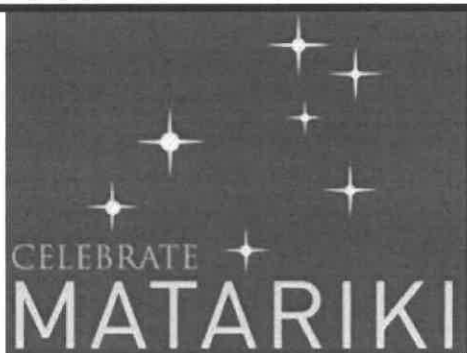
### Wallacetown School Matariki Evening

Thank you to all parents who returned their newsletter, regarding the Matariki evening.

We have had a very positive response and will be going ahead with the evening! This is a reminder that it will take place on **Sunday June the 25th**. Please save the date! The children are looking forward to presenting their kapa haka performance to their family and friends.

More information about the evening will be coming soon.

Thanks, Phil McIndoe



### Community Notices

Wallacetown Netball Club will be holding a **Special General Meeting** to pass a resolution to wind up the Wallacetown Netball Club, on 29th June, 2017 at 7:30pm, Wallacetown Community centre.

### Marlow Pies Fundraiser

This year we are selling the award-winning and delicious Marlows Pies.

We are raising funds for the re-painting the sports lines on the tennis courts.

Order forms went out with last week's newsletter. All orders and money are to be in by Wed 5th July 2017.

Delivery will be Friday 27th July.

**School Website:** Have you had a look at the website recently? Need the Stationery list for your child? Do you want to enroll your child in After School Care? Or Enroll at school? Need to see the schools charter or policies? They are all on the web site. The web site has a link to our face book page and of course you will find some pictures of the children at school and at sports. All the newsletters are there as well.

**Contacts:** If you change a phone number or email address do let the school office know so we can keep our details up to date. If you would like to be added to the weekly email list for newsletters and notices, please let the school office know or email [principal@wallacetown.school.nz](mailto:principal@wallacetown.school.nz). We have 53 parents, family, and friends of the school on the list already.

If you have any questions about what occurs at Wallacetown School do make contact with your child's teacher in the instant. Or give the school a ring 03 235 8097

### **How much sugar do you drink?**

- 600 ml soft drink – 16 teaspoons of sugar
- 350 ml fruit juice – 10 teaspoons of sugar
- 750 ml sports drink – 15 teaspoons of sugar
- 350 ml energy drink – 9 teaspoons of sugar

Tap water – 0 teaspoons of sugar

Did you know?

Soft drinks, fruit juice, sports drinks and energy drinks can contain 5–7 teaspoons of sugar in a 250ml glass.

Water is the best choice

Other low or no-sugar options are:

- Unflavoured milk
- Tea
- Coffee
- Diet or zero drinks

If you drink a 600 ml bottle of soft drink every day, you will drink 480 teaspoons of sugar a month, which equals 2kg of sugar.

You could save \$60 a month if you switch your daily can of soft drink for tap water.

A 350 ml bottle of fruit juice contains as much sugar as 25 jelly beans.

If you drink a 350 ml bottle of energy drink every day, it is the same as eating an extra 45 slices of white bread every month.

**Scholastic Orders are being sent home today.**

Orders due back on Friday 16 June 2017. Order online @ [www.bookclub.scholastic.co.nz](http://www.bookclub.scholastic.co.nz)

